## Great Plains Health Café Menu
### Week at a Glance

<table>
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<tr>
<th>Date</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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<td>7/27/2020</td>
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### Breads / Baked Goods
- Assorted Pastries
- Assorted Pastries
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### Assorted Pastries
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### Lunch

<table>
<thead>
<tr>
<th>7/27/2020</th>
<th>Sesame Orange Chicken</th>
<th>Nachos</th>
<th>Chicken Cordon Bleu W/Hollandaise</th>
<th>Chicken Strips/Catfish</th>
<th>Chefs Choice</th>
<th>Grab &amp; Go</th>
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<tbody>
<tr>
<td>7/28/2020</td>
<td>Fried Rice</td>
<td>Vegetable Blend</td>
<td>Au Gratin Potatoes</td>
<td>Baked Beans</td>
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### Vegetables & Starch
- Fried Rice
- Vegetable Blend
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### Action Station
- Salad/Sandwich Bar
- Salad/Sandwich Bar
- Salad/Sandwich Bar
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- Salad/Sandwich Bar

### Café Hours
- M-F: 6:30 a - 7:00 p
- Weekend: 6:30 a - 2:00 p

### Coffee Bar Hours
- M - F 7-2:30
- Weekend Closed
- Holidays Closed