

Great Plains get up and get started sign up

Name: _____

Email: _____

Phone: _____

Emergency contact: _____

Emergency contact number: _____

Fitness goal: _____

Please place completed forms in interoffice mail
addressed to Pam Garrick, marketing department.
For questions, please contact Pam Garrick at
308.696.7530 or garrickp@gphealth.org.

